

# SMPPE



he university remains committed to recognizing and supporting academic excellence. In line with this Scholarship Award Ceremony & Iftar Dinner was successfully held on March 07, 2025. The scholarships were TUF, reinforcing its commitment to supporting talented students. This ceremony honored our exceptional bringing together their parents.

Mehfil-e-Milaad, led by Ms Ayesha Batool, creating a spiritually uplifting

Dr Zahida Maqbool, Registrar, TUF presented the introduction of the Honhaar Scholarship, emphasizing its importance and effects on students' Malik, Rector, TUF, provided the concluding remarks, highlighting the success and scholarship opportunities. 96 students from 22- degree programs were awarded Honhaar Scholarship recipients were from BS Software

Heads, Deans, and Program Coordinators from all faculties and administration staff participated in the event. Parents expressed their heartfelt gratitude for the Honhaar Scholarship initiative, recognizing the university's efforts in supporting students financially and academically. An Iftar dinner was also arranged, providing a warm and hospitable environment for attendees to come together and celebrate Attendees praised occasion. hospitality and arrangements. The event reaffirmed TUF's dedication to fostering excellence in education and student empowerment.



























# TUF HOSTED GRAND IFTAR Gathering to Strengthen Educational Collaboration



The University of Faisalabad hosted a grand Iftar gathering at Jinnah Campus, TUF bringing together principals and heads of various educational institutions to build collaboration and community engagement in education.

The event featured insightful addresses from Mr Muhammad Haider Amin, Chairman Board of Governors, and Prof Dr Aman Ullah Malik, Rector TUF. Welcoming the esteemed guests, Mr Muhammad Haider Amin emphasized the significance of unity among educational institutions, highlighting the role of collaboration in fostering innovation, resource sharing, and student development. He encouraged collective efforts to create impactful initiatives that benefit the broader community, stating:

"Education is not just about imparting knowledge—it is about shaping the future, empowering individuals, and strengthening communities. As we break our fast together in this blessed month of Ramadan, let us reflect on the values of unity, collaboration, and service to society."

Prof Dr Aman Ullah Malik concluded the session by reinforcing the importance of community engagement and academic partnerships. He urged educators to instill values of service and social responsibility in students, emphasizing that knowledge exchange and collaboration are key to uplifting education standards and contributing to national progress. The evening provided a valuable platform for networking, idea-sharing, and strengthening relationships among educational leaders. Deans, Heads of Departments, and TUF Management engaged with guests during Iftar and Dinner, discussing key educational challenges and opportunities for collaboration.



#### SEMINAR THE SILENT EPIDEMIC UNVEILING



#### the Hidden Dangers of Drug Abuse and Tobacco Addiction

epartment of Pharmacyincollaboration with TUF Drug Abuse Society and Tobacco Awareness Society, organized an insightful seminartitled "The Silent Epidemic: Unveiling the Hidden Dangers of Drug Abuse and Tobacco Addiction." The event aimed to raise awareness about the harmful effects of substance abuse and tobacco addiction while providing attendees with essential knowledge and preventive strategies.





#### MS JAWAHRA EHSAN



The seminar featured Ms Jawahra Ehsan, a distinguished Clinical Psychologist, as the esteemed guest speaker. She delivered an engaging and informative session, shedding light on the psychological and physical consequences of drug abuse and tobacco consumption. Ms Jawahra emphasized the direct impact of these harmful substances on mental health, leading to disorders such as anxiety, depression, and cognitive impairment. She also highlighted the social and familial repercussions, urging individuals to take proactive measures in combating addiction.

The session was highly interactive, with students and faculty members actively participating in discussions. Thought-provoking questions and personal reflections facilitated an open dialogue about the challenges and misconceptions surrounding drug abuse. This event stands as a testament to TUF's dedication to raising awareness about public health challenges and aligning its initiatives with the Sustainable Development Goals (SDGs), particularly SDG 3 (Good Health and Well-being).



The TUF Women Empowerment Society commemorated International Women's Day with a thought-provoking event, highlighting the significance of gender equality and leadership.

**Ms Gulnaz Khalid, SHO** of the Women Police Station Faisalabad, graced the occasion as the esteemed Chief Guest. Her presence served as a source of inspiration and reinforced the event's impact.

#### Panel discussion on "Accelerate Action for Gender Equality in Decision-Making and Leadership

featured distinguished panelists who shared valuable insights on fostering gender inclusivity. The discussion ignited meaningful conversations, emphasizing the urgency of collective efforts to advance gender equality. The event concluded with a renewed commitment to building a more equitable society.

#### Seminar on "From Campus to Career – Women Leading the Future of Work"







Dr Saira Akhtar, Assistant Professor, Government College Women University, Faisalabad, the esteemed chief guest, delivered an insightful address on the evolving role of women in the workforce, emphasizing leadership, resilience, and skill-building. A special segment featured video messages from students, faculty, and staff, sharing their perspectives on women's empowerment and professional growth. The seminar successfully inspired attendees, equipping them with valuable insights into career development and workplace challenges.

This seminar supported SDG 5 (Gender Equality) by empowering women in their careers, SDG 4 (Quality Education) by providing valuable insights, and SDG 8 (Decent Work and Economic Growth) by promoting leadership and resilience. It also aligned with SDG 10 (Reduced Inequalities) by advocating for inclusivity.

#### EMPOWERING MINDS: A HANDS ON WORKSHOP ON AI, WEB DEVELOPMENT & DIGITAL INNOVATIO



Empowering Minds: A Hands-On Workshop on AI, Web Development & Digital Innovation The Department of Computer Sciences successfully hosted an exclusive hands-on workshop, bringing together AI specialists, web development experts, and digital marketing professionals to equip students with advance technological skills. The event attracted participants from multiple prestigious universities, including NUML, NTU, GC University, UET, NUST, University of Education, NFC and Punjab University, fostering a collaborative learning environment.

The workshop commenced with a warm welcome for the esteemed guests, who were received with flower bouquets by students as a gesture of appreciation. Among the notable speakers were Mr Muhammad Saqib Nazir, an expert in cybersecurity, graphics design, and 3D animation; Mr Muhammad Kamran Khan, a researcher specializing in NLP, machine learning, and AI; Mr Muzammil Hassan, a seasoned IT professional with extensive experience in software development and UI/UX; and Mr Muhammad Nauman Hanif, a business development manager, PhD scholar, and expert in digital marketing and e-commerce.

Throughout the event, participants engaged in interactive and skill-based sessions led by industry professionals. Mr Saqib Nazir conducted a workshop on professional graphic designing techniques, providing students with insights into modern design tools. Mr Muzammil Hassan introduced participants to full-stack web development using the MERN stack, equipping them with essential development skills. Mr Kamran Khan delivered an engaging session on AI and machine learning, highlighting real-world applications and emerging trends in AI. Mr Nauman Hanif guided students through advanced digital marketing strategies, emphasizing e-commerce growth and online brand development.

In recognition of their valuable contributions, certificates of appreciation were distributed to the guest speakers. The Rector, Prof Dr Amanullah Malik, and the Dean FIT, Prof Dr Majid Hussain, presented the certificates, joined by several distinguished faculty members.

The event concluded with a strong sense of accomplishment, as participants gained hands-on experience, valuable insights, and networking opportunities with industry experts. The workshop served as an excellent platform for students to enhance their technical expertise and prepare for the evolving demands of the industry.







AI SPECIALISTS



he Department of English Language and Literature hosted a thought-provoking seminar titled "Language, Power, and Identity: A Sociolinguistic Perspective." The event featured Prof Dr Katrina Hurbik, Associate Professor, Department of English Language and Literature, TUF, distinguished linguist renowned for her expertise in sociolinguistics, semiotics, and translation studies. Dr Hurbik delivered an insightful lecture on how language shapes identity, reflects social status, and serves as a tool of power. She highlighted the intricate relationship between language and society, discussing how linguistic choices influence personal and collective identities. The session provided an engaging platform for students, faculty, and researchers to explore the dynamic role of language in shaping societal perceptions and structures. Attendees gained a deeper understanding of the significance of language in everyday interactions and its impact on social hierarchies. This academic session reinforced importance of sociolinguistics in the understanding communication patterns and their broader implications in diverse cultural and social contexts. The Department of English Language and Literature remains committed to promoting intellectual discussions that enhance linguistic awareness and academic growth.









# Webinar Emerging Role of Pharmacist in Nuclear Pharmacy

adinah College of Pharmacy organized an insightful webinar shedding light on the Emerging Role of Pharmacists in Nuclear Pharmacy. Dr Saad Abdullah, a Nuclear Pharmacist with over 7 years of experience, currently serving as In-charge Pharmacy Section at PAEC Hospital Jauharabad was the guest speaker. His expertise provided a valuable perspective on the integration of pharmaceutical sciences with nuclear medicine. The session was designed for Pharm D students, bridging the gap between theoretical knowledge and real-world experience in this specialized field. The event emphasized the critical role pharmacists play in nuclear medicine, ensuring patient safety and advancing healthcare.

This initiative aligns with United Nations Sustainable Development Goal (SDG) 4, which aims to enhance the quality of education by providing students with comprehensive learning experiences beyond textbooks.

The field of Nuclear Pharmacy is expanding rapidly, and such educational sessions are essential in preparing future pharmacists to contribute effectively to this evolving domain.

The webinar concluded with an engaging Q&A session, where students actively participated, gaining deeper insights into the field of Nuclear Pharmacy through interactive session



#### Faculty Training Session on OBE



#### Based Education Held by National Business School

National Business School conducted a faculty training session titled "Enhancing Faculty Skills in OBE-Based Education".

The session aimed to enhance the skills of faculty members in imparting Outcome-Based Education (OBE) to students.

Prof Dr Muhammad Ashfaq, Dean Faculty of Management Studies, delivered a welcome note, warmly greeting the guest speaker and participants.

Mr Sharjeel Yousaf, Lecturer at National Business School (NBS), skillfully moderated the session.

Associate Professor Dr Muhammad Arshad Shehzad Hassas as a guest speaker shared his expertise and experience in OBE-based education, providing valuable insights into the effective implementation of OBE. Dr Arshad emphasized the importance of aligning teaching methods with desired learning outcomes.

Faculty members from NBS and the Electrical Engineering Department attended the interactive session, actively participating in discussions and sharing their experiences and challenges in implementing OBE. Dr Arshad addressed their queries and provided practical solutions to overcome the challenges.

The training session received high praise from participants, who found it informative and engaging. The session enhanced their understanding of OBE and equipped them with the necessary skills to effectively implement it in their teaching practices.

The session concluded with a thanks note by Dr Tariq Jamil, Assistant Professor NBS, who expressed gratitude to the guest speaker and participants.

The successful conduct of the faculty training session demonstrates the institution's commitment to faculty development and its efforts to provide high-quality education to students.







#### Digital Empowerment: Advancing Collaborative Research with Al Tools

The AI-Assisted Research Workshop, collaboratively organized by the TUF Publication Society and Department of English Language and Literature, aimed equip participants with AI tools to enhance academic research. The resource person, Mr M Shaharyar Sabiri, Lecturer, Department of English Language and Literature, TUF, covered the session through emphasis on essential applications, including Google Docs for collaborative writing, Zotero for management, AI-powered tools like Consensus and AnswerThis.io for literature review. The workshop concluded with a hands-on practice session, allowing participants to apply these tools effectively. This initiative successfully provided valuable insights into AI-driven research methodologies, enhancing efficiency collaboration in academic work.

The workshop witnessed enthusiastic participation from students, of 6th and 8th semesters of the BSEN program. Faculty of Department of English also attended the Workshop Fatima Tahir, President of the Publication Society, formally inaugurated the workshop with a welcome address that highlighted the importance of research excellence and academic integrity.





#### Ensuring Patient Safety: Training session on Safe Patient Positioning

The Department of Professional Health Technologies organized a highly informative training session on Safe Patient Positioning. The session aimed to enhance the knowledge and skills of healthcare students in ensuring patient safety during medical procedures.

Dr Sana, Assistant Professor at the Postgraduate Medical Institute, served as the guest speaker for the event. She delivered a comprehensive presentation, shedding light on the importance of proper patient positioning in healthcare settings to prevent injuries, improve surgical outcomes, and promote patient comfort. She also highlighted the critical role of patient safety and the responsibility of future healthcare professionals in maintaining high standards of care.

The session saw an enthusiastic turnout of students, who actively engaged in the discussion and demonstrated keen interest in mastering the techniques taught during the training. The attendees expressed their appreciation for the practical insights and hands-on knowledge imparted, which they believe will contribute significantly to their future careers in healthcare.

The training was conducted under the supervision of Dr Zaima Umar, Dean of the Faculty of Medicine and Allied Health Sciences, with coordination by Ms Areesha Zaidi, Coordinator of the Department of Professional Health Technologies.

The event was a resounding success, providing students with the opportunity to learn from seasoned professionals and refine their understanding of safe patient care practices.





# International Day of Happiness: Visit to the Old Age Home Shelter in Faisalabad

Students from Department of Psychology, TUF visited the Old Age Home Shelter in Faisalabad to celebrate the International Day of Happiness. The event, titled "Celebrating International Day of Happiness with the Effects of Sharing Happiness and Gratitude in Ramadan," aimed to spread joy and gratitude among the residents.

The session featured insightful talks by our faculty members, Ms Noreena Younas and Ms Aqsa, who highlighted the significance of the International Day of Happiness and how the spirit of gratitude during Ramadan enhances one's positive nature, fostering a greater sense of well-being and a desire to work for the benefit of others.

Under the supervision of Ms Amna Alam, Deputy Director of Social Welfare, and Ms Rabia Khalid, Incharge of Old Home Shelter, the Age awareness session was also conducted on the importance of happiness and gratitude, emphasizing how mindfulness can enhance well-being, calm the mind, and reduce stress. The session encouraged embrace everyone







A gift distribution activity followed, promoting emotional connection and a sense of community between the residents and the gift-givers. The act of receiving gifts brought immense joy and happiness, further strengthening the bond among the participants.

Additionally, a creative coloring activity was conducted, allowing the residents and students to engage in handcrafts that brought joy, relaxation, and stress relief.

The event aligns with several Sustainable Development Goals (SDGs), including SDG 3 (Good Health and Well-being), SDG 10 (Reduced Inequalities), SDG 16 (Peace, Justice, and Strong Institutions) and SDG 17 (Partnerships for the Goals).

#### **World Water Day 2025**

Advancing Waste Water Treatment for a Sustainable Future

The Environmental Society marked World Water Day. This International Day was celebrated to share awareness about the increasing importance of "clean water sustainability" and the urgent need for the conservation and restoration efforts for this important natural resource. The event was organized by Dr Shaista Shafiq, Advisor Environmental Society, TUF. The event topic 'Advancing Waste Water Treatment for a Sustainable Future' was opened with a scientific lecture on available green methods for the treatment of wastewater delivered by Deputy Chief Scientist Dr Muhammad Afzal, Head Environment Monitoring Lab, Soil and Environment Division, NIBGE, PAEC. Followed by a panel discussion with distinguished experts who shared their insights on water management, filtration, and the challenges of ensuring safe drinking water for all particularly Faisalabad. Expert panelists included Engr. Abu Bakar Randhawa, Director Water, Distribution & Management, WASA Faisalabad; Prof Dr Muhammad Afzal, Deputy Chief Scientist and Head of Environmental Monitoring Laboratory, NIBGE PAEC, Engr. Nouman Khan, Senior Sub Engineer, Department of Irrigation, Faisalabad,



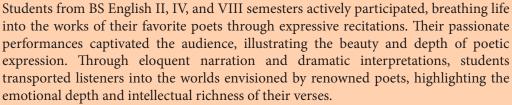
Principal Scientist Dr Razia Tehseen, Soil and Environment Division, NIBGE, PAEC. The discussion was moderated by Dr Shaista Shafiq, Head Department of Biochemistry & Biotechnology, TUF. Their valuable contributions to the session were highly informative and engaging. Students and invited guests took remarkable interest and asked various questions to the expert panelists. The event successfully signifies the importance of water restoration and the effort of the Environmental Society Team was appreciated by all involved. The Society acknowledged the Centre of Collective Activities Team and Manager Mr Usama Khan for their cooperation.

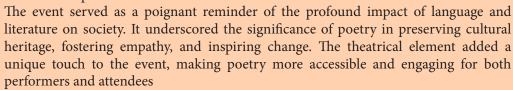


# International World Poetry Day celebrated with Theatrical Poetry Reading



On the occasion of International World Poetry Day, the Department of English Language and Literature, TUF organized a remarkable event titled "Theatrical Poetry Reading", paying homage to poets from around the world. This initiative not only honored the art of poetry but also showcased its transformative power in shaping cultures and societies.











#### **TUF Commemorates Pakistan Day**

cwith Insightful Panel Discussion Featuring Government Officials

The University of Faisalabad celebrated Pakistan Day with a thought-provoking panel discussion, featuring esteemed guests from the government sector. Asif Iqbal, Additional Commissioner of Faisalabad, elaborated on the pivotal role of district administration in Pakistan's development.

Professor Dr Aman Ullah Malik, Rector of TUF, shared insightful perspectives on the significant contribution of youth in shaping Pakistan's future. Muhammad Awais inspired students to think big, believe in themselves, and strive for a brighter future.







Other Distinguished Panelists included
Muhammad Sajid, DEO Faisalabad
Farooq Yousaf , Senior President FCCI
Jafar Hussain, Chairman Art & Culture Standing Committee, FCCI



The panelists appreciated the efforts of Gosha-e-Zouq-e-Adab Society in organizing the event and commended the students for their exceptional management. Through their valuable insights, the panelists aimed to inspire positive change and promote a stronger Pakistan.

#### **GLOBAL PHARMACY CAREER**

**OPPORTUNITIES** 





The Pharm D students at TUF had an enriching learning experience with Dr Zahid Ghafoor Iqbal, Head of Pharmacy at Gargash Hospital, Dubai. Dr Zahid shared his vast expertise, providing valuable insights into career pathways and the global scope of pharmacy,

particularly in Dubai. His guidance empowered students to take confident steps towards successful careers in the pharmaceutical industry



This insightful session aligns with several Sustainable Development Goals (SDGs):



healthcare Enhancing knowledge among future pharmacists.



Quality Education Providing students with international career guidance and industry exposure.



Decent Work and Economic Growth Highlighting diverse job opportunities for pharmacists worldwide



Partnerships for the Goals Strengthening international collaborations in healthcare education.

# Eco-Business Prototype Showcase on International Day of Community of Toward Page 17 and 18 an

To mark the International Day of Zero Waste 2025, the Environmental Society Entrepreneurship Society of TUF organized "Eco-Business Prototype Showcase: Waste-Free Startup Ideas." This event provided a platform for students to present sustainable business models focused on waste reduction and eco-friendly solutions. Students showcased innovative prototypes addressing waste management, upcycling, and plastic alternatives, aligning with SDG 12 Consumption), (Responsible **SDG** (Climate Action), and SDG 9 (Innovation & Infrastructure). Industry experts evaluated ideas, offering insights on scalability and real-world impact. The event concluded with an award ceremony, recognizing the most waste-free promising startups, and reinforcing TUF's commitment sustainability and entrepreneurship.













The Rehabilitation Society successfully organized a seminar on Birth Defects & Down Syndrome, bringing together experts, caregivers, and advocates to promote awareness, early intervention, and inclusion.

The event was honored by Ms Nadia Raza from Eliya Care Foundation and Mr Muhammad Hanan Iftekhar, Head of International Programs (TUF), as the chief guests. Dr Sammama Amjad, the distinguished guest speaker, provided valuable insights into medical advancements and best practices for supporting individuals with birth defects and Down syndrome.

The seminar highlighted the importance of early diagnosis, specialized medical care, inclusive education, and community support in enhancing the quality of life for affected individuals. Experts discussed therapeutic advancements, inclusive education models, and the critical role of social acceptance, emphasizing the collective responsibility of society in fostering an inclusive environment. Through such impactful initiatives, the Rehabilitation Society continues its mission to build a more compassionate and inclusive community for all.





# Mental Health & Well Being in the Digital Age

The Department of Computer Science conducted a seminar on Mental Health and Well Being in the Digital Age featuring the guest speaker Mr Abdul Hyee, who likely shared valuable insights and actionable steps on maintaining mental well-being in an increasingly digital world.

Mr Abdul Hyee likely equipped participants with practical strategies for balancing screen time, managing stress, and fostering positive digital habits. This might have included exploring mindfulness techniques, setting healthy boundaries with technology, and understanding the psychological effects of prolonged digital engagement.

The impact of social media on mental health was likely discussed as well, equipping attendees with knowledge on mitigating negative effects and fostering a healthy digital lifestyle.

The Mental Health and Well-Being in the Digital Age seminar served as a valuable roadmap for individuals looking to navigate the challenges of mental health in the digital era and cultivate a balanced, fulfilling life.







# TUF Rehabilitation Society Leads TB Awareness Campaign



An awareness campaign on World Tuberculosis Day was set up by TUF Rehabilitation Society, emphasizing early detection, prevention, and treatment of TB. The event featured informative sessions, interactive discussions, and community outreach activities. Healthcare professionals educated attendees on TB symptoms, treatment options, and the importance of early diagnosis. Volunteers distributed educational materials, conducted screenings, and addressed common misconceptions about the disease. A special screening booth provided free consultations, reinforcing health-conscious behaviors. The TUF Rehabilitation Society extends gratitude to all participants and volunteers for their efforts in promoting a TB-free society.

This insightful session aligns with several Sustainable Development Goals (SDGs):



Good Health and Well-Being Promotes early detection, prevention, and treatment of TB, reducing health risks.



Quality Education Provides educational sessions to enhance public awareness about TB.



Reduced Inequalities Ensures equal access to health screenings and medical guidance for all community members.



Partnerships for the Goals Engages healthcare professionals, volunteers, and institutions in a collaborative effort to combat TB.

# Interactive Session on "Ramadan: Fasting, Traditions, and Impacts"





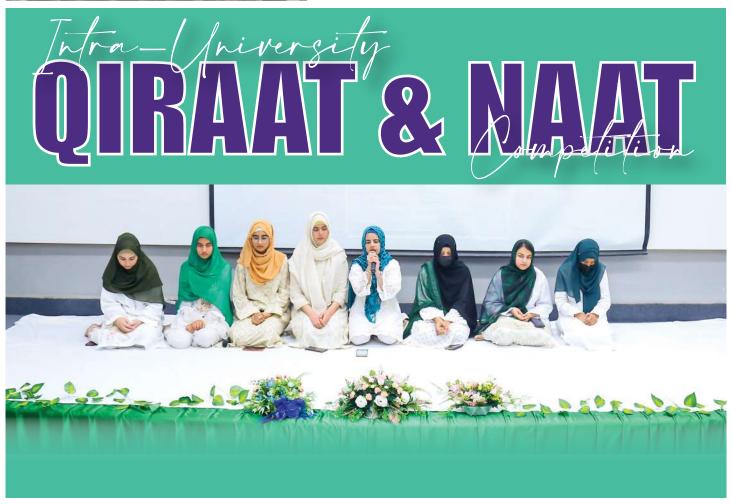




The Departments of Rehabilitation Sciences and Islamic Studies organized an interactive session titled "Ramadan: Fasting, Traditions, and Facts." This event aims to provide an in-depth understanding of Ramadan, exploring its spiritual significance, fasting practices, diverse cultural traditions, and factual insights.

Dr Zia Ahmad Shah, Head of Islamic Research, UK West Fife Islamic Education and Welfare Center, Prof Dr Matloob Ahmad, Dean, Faculty of Arts & Social Sciences and Professor of Islamic Studies, with over 38 years of teaching and research experience in Islamic law and related fields. Dr Noreena, Faculty member in the Department of Psychology at TUF, researching the psychological aspects of fasting and its impact on mental well-being, Ms Sana Manzoor, Lecturer, Department of Human Nutrition and Dietetics, TUF, with research interests in dietetics and nutritional sciences.

The panel discussion on provided a comprehensive exploration of various aspects of Ramadan. Key topics likely discussed included: 'Significance of Fasting in Ramadan', 'Health Implications and Nutritional Guidance during Fasting', 'Psychological Effects of Fasting', 'Common Misconceptions and Facts about Ramadan'.



The Department of Pathology, in collaboration with the Department of Islamic Studies, organized an Intra-University Qiraat and Naat Competition. The event aimed to provide students with a platform to showcase their Quranic recitation and Naat skills while promoting spiritual enrichment among the participants. The competition featured students and faculty members from various departments of TUF. A distinguished panel of judges, including Qaria Hafiza Tayyaba Rafique, Ms. Safia Jaffar, and Qaria Muneeba Awais, evaluated the performances based on Tajweed, pronunciation, melody, and presentation.

Their expert assessments highlighted the dedication and talent of each participant. The participants exhibited remarkable dedication and talent in their recitations, creating a spiritually uplifting atmosphere. The event concluded with an appreciation speech from the organizers, acknowledging the efforts of participants and faculty members. The winners were awarded certificates and Cash prizes in recognition of their outstanding performances.















# TUF's Intra-University Naat Competition honored Spiritual Expressions in Ihtimam Ramadan Series

The Department of Library & Information Resource Center at TUF successfully Intra-University organized Competition as part of the Ihtimam Ramadan event series. The event showcased the heartfelt praises of the Holy Prophet (PBUH) talented students from various departments. Prof Dr Abdul Wahid, Director Academics and Convener Library Committee, was the Chief Guest, and a distinguished panel of judges, including Ms Ayesha Batool and Ms Saffia Jaffar, evaluated the performances. The top three winners were





1st Place: Zarish Fatima (BSIS)
2nd Place: Aneeqa Amber (Pharm D)

3rd Place: Syeda Sakina (BSOP)





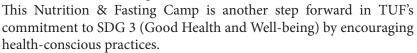








Students from the Department of Nutrition and Dietetics organized Nutrition & Fasting Camp to promote healthy eating during Ramadan. The camp featured expert guidance, and personalized consultations, empowering participants to make informed dietary choices throughout the holy month. The students, under the guidance of faculty members, demonstrated exceptional knowledge and confidence in delivering key nutritional guidelines, ensuring that fasting remains a spiritually and physically beneficial experience. The session focused on mindful eating, immune system support, and diabetes management while fasting. Students confidently guided participants, providing expert advice on balanced diets, hydration, and energy-sustaining meals. Personalized diet plans were also offered to attendees.









The Department of Pharmacy organized a spiritually enriching gathering on the death anniversary of Hazrat Khadija (S.A) as part of its Ramzan event series. The event featured Ms Tayyaba Rafeeq, a renowned religious scholar and Principal of Minhaj-ul-Quran Academy, Faisalabad, who delivered an insightful talk on "Hazrat Khadija (S.A) and Her Legacy for Muslim Women." Ms Tayyaba Rafeeq highlighted Hazrat Khadija's (S.A) unwavering faith, remarkable business acumen, generosity, and steadfast support for the Holy Prophet Muhammad (PBUH). She emphasized, through Ahadees and real-life examples, how modern Muslim women can embody her resilience, patience, and leadership in their personal and professional lives. The session was interactive and thought-provoking, engaging attendees in meaningful discussions on the relevance of Hazrat Khadija's (S.A) virtues in today's world.

# Naat & Oiraat Competition 2025

A Soul-Stirring Celebration of Faith and Devotion

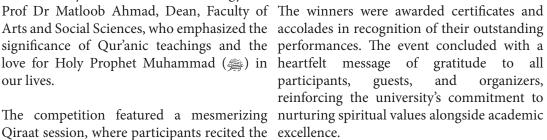


inspiring addresses by Prof Dr Majid Hussain, expertise as jury members. Dean, Faculty of Information Technology and Prof Dr Matloob Ahmad, Dean, Faculty of significance of Qur'anic teachings and the our lives.

Qiraat session, where participants recited the excellence. Holy Qur'an with deep spiritual passion. The audience was captivated by the soul-stirring voices, reflecting a profound connection with the divine verses. Following this, the Naat where Competition began, students expressed their love and admiration for the Holy Prophet Muhammad (44) through melodious recitations.

A distinguished panel of judges was invited to assess the participants, including:

The Department of Computer Sciences, in Mufti Muhammad Lugman (92 News) collaboration with the Department of Islamic announced the results for the Qiraat Studies, hosted a spiritually uplifting Qiraat Competition, Dr Riaz Majeed (Head of Urdu and Naat Competition. This remarkable event Department, TUF) - announced the results provided students with an opportunity to for the Naat Competition, Allama Qari showcase their devotion through the Muhammad Ahmad, Dr Hifsa Munawar recitation of the Holy Qur'an and heartfelt (Assistant Professor, Islamic Studies), Madam Naats, fostering an atmosphere of reverence Ayesha Batool (Examination Officer), and and unity. The event commenced with Sajid Ali Sajid (92 News) - contributed their

















# Faculty of Law Students Uphold Philanthropic Spirit with Eid Gift Distribution







Staying true to the philanthropic mission of Madina Foundation, the students of the Faculty of Law at The University of Faisalabad once again demonstrated their unwavering commitment to community service.

During the holy and blessed month of Ramadan, the students took the initiative to distribute Eid gifts among the needy female employees, working staff, and lower-income groups within the university. This heartfelt effort aimed to bring joy and ease to those who work tirelessly behind the scenes, making their Eid celebrations more meaningful and colorful.



TUF Literary Society, in collaboration with the Departments of Pharmacy and Islamic Studies, organized a memorable event to honor the life and legacy of Hazrat Imam Hassan (A.S), a symbol of peace and justice. A highlight of the event was an intense debate competition featuring students from various departments. Ms Muqaddas Saif, Coordinator of the Department of English Literature, served as the chief judge, evaluating participants on content and delivery. Zojaja Khan (DPT-VI) emerged as the winner, while Amna Zahid (Pharm D-X) received the Consultation Award for her commendable performance. The event reinforced values of wisdom and leadership, aligning with TUF's commitment to academic excellence and intellectual discourse.



#### **Quiz Competition on**

# Battle of Badr" Promoted Knowledge and Ethical Values



Quiz Competition on "Battle of Badr" Promoted Knowledge and Ethical Values

The Madinah College of Pharmacy, in collaboration with the Department of Arabic and Islamic Studies, successfully organized a quiz competition on the "Battle of Badr" to educate and engage participants in the historical and spiritual significance of the Battle of Badr.

The competition featured three dynamic rounds:

1.Individual Round - Participants showcased their knowledge of the Battle of Badr, its historical context, and key lessons.

2. Collective Round - Teams collaborated to answer challenging questions, fostering teamwork and critical thinking.

3.Buzzer Round - A fast-paced, thrilling segment that tested participants' quick thinking and depth of understanding.

Certificates were awarded to the winners, encouraging academic excellence and lifelong learning. The quiz competition was a resounding success, blending education, history, and community engagement. The event not only commemorated a significant historical event but also reinforced the importance of knowledge, teamwork, and ethical values in achieving sustainable development.

Aligned with the Sustainable Development Goals (SDGs), the competition promoted SDG  $4\,$ (Quality Education) by enhancing participants' understanding of Islamic history and its relevance to contemporary life. Additionally, it reflected SDG 16 (Peace, Justice, and Strong Institutions) by contributing to a culture of peace and fostering strong moral foundations.







TUF Women Empowerment Society and Literary Society Host Seminar on "Khawateen ka Mah-e-Sayam"

TUF Women Empowerment Society, in collaboration with the TUF Literary Society organized a seminar titled "Khawateen ka Mah-e-Sayam" (Women's Month of Fasting).

The event featured Ms Farkhanda Yaseen from Al Noor Foundation as the esteemed guest speaker. She shared valuable insights on the significance of women's roles in observing the month of fasting, emphasizing its spiritual and social impact. In addition to the seminar, a Quranic activity session was conducted, exploring verses and teachings from the Holy Quran that highlight women's empowerment and spiritual growth.

This event served as a platform to promote women's empowerment, spiritual enlightenment, and community engagement, reflecting the core values of both the TUF Women Empowerment Society and the TUF Literary Society.



The event highlighted the importance of religious knowledge in education and personal growth, further strengthening the connection between academic learning and Islamic heritage.

The event aligns with SDG 4 (Quality Education), SDG 10 (Reduced Inequalities), SDG 16 (Peace, Justice, and Strong Institutions), and SDG 17 (Partnerships for the Goals) by strengthening academic collaboration.



The Department of Nutrition and Dietetics, TUF successfully organized a workshop titled "Understanding Fasting: How Ramadan Promotes Healthy Habits Through Intermittent Fasting". The session conducted by Dt Roshina Rabail, a certified Master Trainer at PKNC, UAF. The workshop provided students with valuable insights into the nutritional and health aspects of fasting during Ramadan and its connection to intermittent fasting as a healthy lifestyle practice. The session emphasized the importance of balanced nutrition, highlighted the health benefits and concerns of intermittent fasting, and offered practical strategies for managing hunger and improving overall well-being.

# Understanding Fasting: How Ramadan Promotes Healthy Habits Through Intermittent Fasting

The workshop also featured an Islamic quiz, where students actively participated with great enthusiasm and demonstrated their knowledge. The event contributed to Sustainable Development Goals (SDGs) by promoting SDG 3 (Good Health & Well-Being) and SDG 4 (Quality Education). Students actively participated in discussions, engaging with expert insights to enhance their understanding of fasting and its long-term health benefits.



#### TUF Commemorates the Martyrdom of Hazrat Ali (Karram-Allah-Wajhahu) with an Insightful Seminar



In remembrance of the martyrdom of Hazrat Ali (Karram-Allah-Wajhahu), the Department of Islamic Studies, in collaboration with the School of Nursing organized a special seminar to highlight the "Spiritual significance of Hazrat Ali's (Karram-Allah-Wajhahu) martyrdom" on March 21, 2025. The event commenced with the recitation of the Holy Quran, followed by the recitation of Naat and Manaqab in honor of the Ahl-e-Bait-e-Athar (A.S), presented by renowned Naat reciter Ms Ayesha Batool and students.

The seminar was attended by Dr Zahida Maqbool, Registrar, TUF, Deans, Heads of the Departments, faculty members, and students. The keynote speaker of the session, renowned Islamic scholar Mrs Shamim Waryam, PhD Scholar, Lecturer in Islamic Studies, Govt Graduate College for Women, Faisalabad delivered a special address on the teachings of the Fourth Caliph, Hazrat Ali (Karram-Allah-Wajhahu). She highlighted that Hazrat Ali was born inside the Holy Kaaba, earning him the title of Mawlood-e-Kaaba. She further stated that the Holy Prophet Muhammad (PBUH) personally raised and educated Hazrat Ali and once said, "I am the city of knowledge, and Ali is its gate." The unique status and rank of Hazrat Ali (Karram-Allah-Wajhahu) among the companions of the Holy Prophet (PBUH) are unparalleled. His bravery and valor were exceptional, and his era of caliphate remains a golden period in Islamic history.

Mrs Shamim also commended The University of Faisalabad for its efforts in organizing programs on the lives and teachings of the Sahaba-e-Karam (R.A) and spiritual leaders, as these initiatives play a vital role in shaping the character of our youth. The seminar concluded with Durood o Salam and a special supplication.





# Enlightening Event on the Teachings of Hazrat Ali (Karram-Allah-Wajhahu) and Hazrat Fatima (S.A)



The Department of Islamic Studies organized a soulful and enlightening event dedicated to the teachings and of Hazrat savings Ali (Karram-Allah-Wajhahu) and Hazrat Fatima (S.A). The gathering, enthusiasm, held with great provided deep spiritual intellectual insights into the noble lives of these revered figures.

Prof Dr Matloob Ahmad, Dean of the Faculty of Arts and Social Sciences, delivered the opening remarks, emphasizing the wisdom embedded in the sayings of Hazrat Ali (Karram-Allah-Wajhahu) and Hazrat Fatima (S.A). The keynote address was delivered by Dr Zaid Malik from Saudi Arabia, who highlighted their exemplary character, qualities, and immense contributions to Islam.

Rector TUF, Prof Dr Amanullah Malik, concluded the event with inspiring remarks, urging the youth to draw motivation from the life and teachings of Hazrat Ali (Karram-Allah-Wajhahu). In a heartfelt gesture, Dr Zaid Malik led a special Dua, praying for peace and justice, especially for the oppressed people of Palestine.







#### **ALPHA TUF Community Welfare Society Brings Ramadan Blessings to the Needy**

In the spirit of compassion and generosity, the ALPHA TUF Community Welfare Society has once again demonstrated its unwavering commitment to social service by distributing over 100+ ration packages to widows, disabled individuals, and senior citizens during the holy month of Ramadan.

This noble initiative reflects the society's dedication to uplifting underprivileged communities and ensuring that no one is left behind in times of need. The ration packages, carefully assembled by volunteers, included essential food items to support families throughout the sacred month, allowing them to observe Ramadan with dignity and peace.

ALPHA TUF's efforts serve as a beacon of hope, inspiring others to engage in charitable activities and uphold the true essence of Ramadan—caring for those in need. Their commitment to serving humanity aligns with the Sustainable Development Goals (SDGs), particularly SDG 1 (No Poverty) and SDG 2 (Zero Hunger).







The initiative was met with heartfelt gratitude from beneficiaries, who expressed deep appreciation for ALPHA TUF's kindness support. Community members and volunteers worked tirelessly to make this campaign successful, reinforcing the values of empathy, generosity, and humanitarian service.

# Insightful Panel Discussion on Health and Wellness During Ramadan



Discussions emphasized the importance of consuming nutrient-rich foods at Sehar and Iftar, staying adequately hydrated to prevent dehydration, and adopting a consistent sleep routine to counteract the changes in daily schedules. Attendees also gained valuable tips on managing electrolyte balance, limiting caffeine intake, and improving sleep quality to enhance their fasting experience.

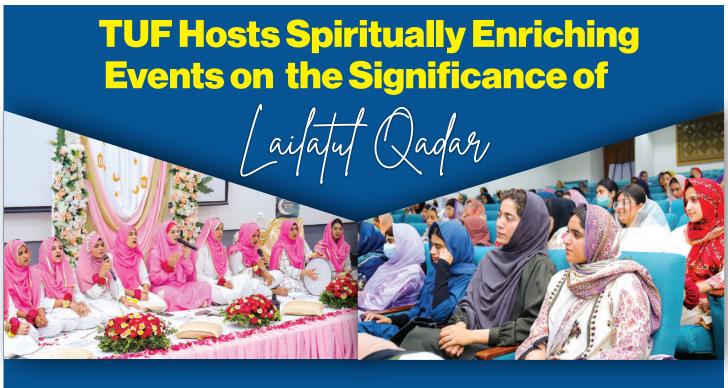
This initiative aligns with several United Nations Sustainable Development Goals (SDGs) by promoting SDG 3: Good Health and Well-Being, raising awareness on nutrition, hydration, and sleep regulation to support overall health during Ramadan. It also contributes to SDG 4: Quality Education by providing evidence-based knowledge on health and wellness, equipping individuals with practical strategies for a balanced lifestyle. Additionally, the discussion supports SDG 12: Responsible Consumption and Production, encouraging mindful eating habits and sustainable food choices during Suhoor and Iftar.

The Department of Nutrition and Dietetics, TUF successfully organized an engaging Panel Discussion on Health and Wellness During Ramadan, providing attendees with expert guidance on maintaining optimal health while fasting.

The session featured distinguished panelists, including Dr Huma Ambreen, Assistant Professor at GCUF, Prof Dr Aysha Sameen, Chairperson of the Department of Food Science and Technology at GC Women University Faisalabad and Ms Anum Nazir, Senior Lecturer at TUF. The experts shared evidence-based insights on balanced meal planning, hydration strategies, and sleep regulation key elements for sustaining energy and well-being during Ramadan.







The University of Faisalabad recently hosted two insightful events highlighting the significance of Lailatul Qadar (Shab-e-Qadar), organized by the Department of Dermal Sciences (Saleem Campus) and the Department of Medical Lab Sciences (Amin Campus), in collaboration with the Department of Arabic and Islamic Studies.

The Mehfil-e-Milad on The Importance of Lailatul Qadar commenced with a heartfelt recitation of the Holy Quran, followed by soul-stirring Kalams that enriched the spiritual ambiance. Prof Dr Matloob, Dean, Faculty of Arts and Social Sciences, HOD, Islamic Studies, and other scholars discussed the significance of Ramadan and Lailatul Qadar, emphasizing its blessings, as described in the Holy Quran: "better than a thousand months." The event concluded with a profound Dua and the distribution of certificates to recognize participants' engagement.

Simultaneously, an academic session exploring Shab-e-Qadar through the revelation of the Quran provided historical and spiritual insights into this sacred night. Esteemed speakers from the Departments of Medical Lab Sciences and Arabic & Islamic Studies delved into its role in seeking forgiveness, strengthening faith, and reflecting on the divine message. The discussion bridged scientific and religious perspectives, enriching participants' understanding of the multifaceted significance of Lailatul Qadar in the Islamic faith.



# TUF Students Selected for ISEP Exchange

**Program at Istanbul Aydin University** 

The University of Faisalabad takes pride in announcing that two of its exceptional students have been selected for the prestigious ISEP Exchange Program, offering them a unique opportunity to broaden their academic and cultural horizons at Istanbul Aydin University, Turkey.

The selected students are:

- Abdullah Riaz (2022-BS-AM-010) BS Aviation Management
- Muhammad Zaryab Ahmad (2023-BS-AM-027) BS Aviation Management

This transformative exchange program provides unparalleled academic experiences, cross-cultural exposure, and the chance to engage with international peers, shaping their future careers in aviation.











The Placement Bureau is honored to celebrate a significant achievement: the successful completion of house jobs by the 2024 graduates of the Department of Rehabilitation Sciences, Batch 3. This accomplishment is a testament to their unwavering dedication, perseverance, and commitment to excellence in healthcare.

We are equally pleased to welcome the 2025 Batch 1 House Job Officers of the Department of Rehabilitation Sciences. As they embark on this transformative journey, we are confident they will uphold the distinguished legacy of excellence and make invaluable contributions to the healthcare profession.



#### Alpha TUF Khud Mukhtar Program Empowers Women Through Entrepreneurship







The University of Faisalabad has officially launched the "Alpha TUF Khud Mukhtar Program," a transformative initiative aimed at empowering women through skill development and financial independence. Under this program, the TUF Women Empowerment Society, in collaboration with the Alpha TUF Welfare Society, distributed sewing machines to deserving women, equipping them with the necessary tools to start their own small-scale businesses. This initiative reflects TUF's commitment to fostering entrepreneurship and promoting economic growth by enabling women to generate sustainable income. The University takes pride in supporting these talented women and looks forward to witnessing the positive ripple effect this initiative will create in their lives and communities.

#### i-shops

## TressTonic: Organic Innovation for Healthier Hair









TressTonic, an entrepreneurial venture founded by Fasih Amer, Student from the Department of Computer Sciences under the mentorship of Mr. Uzair Saeed (Lecturer, CS). Inspired by his grandmother's traditional recipe, TressTonic is a 100% organic hair oil made from amla, reetha, tea tree oil, and onion extract. With over 7,000 bottles sold, the brand has gained remarkable traction, with users reporting significant improvements in hair health. The Computer Science faculty lauded Fasih's dedication, emphasizing how such ventures align with innovation and sustainability

# Arthink360: <u>A Hub for Innovation and Collaboration</u>







i-shop-Arthink360 by Atika Ramzan, a student of Biotechnology, is a creative hub designed to foster innovation and interdisciplinary collaboration among students. The event was graced by the presence of Ms Bakhtawar, Coordinator, Department of Biochemistry & Biotechnology, Ms Safa Iftikhar, Coordinator, NBS, Ms Syeda Iqra, Assistant Manager CCA,

and Ms Mishal, MTO Sports. Arthink360 aims to enhance critical thinking, problem-solving, and idea generation, providing students with a dynamic platform for academic and professional growth.

#### HN Luminosity: Skincare Innovation with Gluta Glow Serum







i-Shop HN Luminosity founded by Kainat Haider, a student from the Dermal Sciences 8th semester. The i-Shop offers a unique skincare product, the Gluta Glow Serum, designed to enhance the skin's radiance and youthful glow, leveraging the powerful antioxidant properties of Glutathione. Known for its ability to protect the skin from free radical damage, Glutathione is at the core of this clinically effective, cruelty-free, and vegan serum. The product aligns with the growing demand for ethical skincare solutions. Notable attendees at the inauguration included Dr Sadia Hassan, Head, Department of Nutrition and Dietetics, Ms Huda Shami, Lecturer, Department of Dermal Sciences, Dr Sadia Rafique, Head Department of Pharmacy, Ms Safa Iftikhar, Coordinator, NBS, and Ms Sayyeda Iqra Batool, Assistant Manager, CCA.

#### AH Luxe: Elevating Style with Exquisite Fashion Jewelry & Accessories









Arooj Chaudhary, a student from the Department of MLS, has launched her brand, AH Luxe, offering a stunning collection of fashion jewelry and accessories. Her diverse range includes elegant earrings, exquisite bracelets, and a variety of statement pieces, catering to different styles and occasions. Additionally, she has introduced beautifully curated Eid gift baskets, making them a perfect choice for festive celebrations. With a keen eye for design and quality, AH Luxe is quickly gaining popularity among those who appreciate chic and timeless accessories.

#### **Urbant: Trendsetting Brand for Fashion-Forward Students**







Moeez Cheema, student from the department of Computer Sciences, has launched his brand, Urbant, specializing in premium apparel and accessories. Currently showcasing his collection, he offers high-quality polo shirts alongside the widely popular Ninja Hoodies, which have become a best-seller and a crowd favorite. His accessories line features exquisite marble and beaded bracelets, stylish rings for men, and elegant necklaces each a standout hit among tufians.

## **Envougue Pakistan: A New Startup Offering Customized Gifts Inaugurated**









Envougue Pakistan, a promising new startup specializing in customized gifts, was officially inaugurated on March 17. The ribbon-cutting ceremony was graced by Ms. Noma, Lecturer of Interior Design, Ms. Safa Iftikhar, Coordinator of NBS, and Ms. Sayyeda Iqra, Assistant Manager of CCA. The venture was launched by Khizra Mansha, a 6th-semester Design and Interior student, who is the creative force behind the startup. Envougue Pakistan aims to provide unique, personalized gift items tailored to various occasions and customer needs.

#### Zeenat Jewellery A Rising Brand for Elegant Accessories







In an inspiring display of creativity and entrepreneurship, Rahima Amjad, a student of the Department of Dietetics and Nutrition, and Laiba Azeem, a student of the Department of English Language & Literature at The University of Faisalabad has launched Zeenat Jewellery, a brand that is quickly capturing attention for its timeless elegance and quality craftsmanship. Specializing in tarnish-free stainless steel studs, as well as a variety of charms, rings, and necklaces, the brand made waves with its stunning Eid collection, becoming a top pick among students looking for stylish and affordable accessories.

## Henna by Haram: A Festive Blend of Creativity and Community Spirit







Henna by Haram was officially inaugurated, marking a vibrant addition to student-led entrepreneurial and cultural initiatives. The initiative, founded by Haram Adil, a 2nd-semester student from the Department of Dermal Sciences, combines traditional henna artistry with festive Eid preparations. The event showcased beautifully designed Eid gift baskets alongside intricate henna designs, attracting a warm response from students and faculty alike. Henna by Haram not only highlights student talent but also fosters a culture of creativity, empowerment, and entrepreneurship.

#### **TUF Ramzan Futsal League**

The TUF Ramzan Futsal League was held at The University of Faisalabad from 16th to 26th March 2025. Ten teams participated in the tournament with great enthusiasm. The final match was played between The University of Faisalabad team and Pollution FC Club and TUF team emerged victorious with a convincing win. The winning team was awarded a cash prize of Rs. 10,000 and a trophy, while the runner-up team received a cash prize of Rs. 5,000 and a trophy.









#### Inter-Hostel Ramzan Cup 2025

**Concludes with Thrilling Victories** 



The much-anticipated Inter-Hostel Ramzan Cup 2025 concluded on a high note, showcasing intense competition, team spirit, and athletic excellence among the residents of girls hostels Saleem campus, TUF. The event featured a variety of sports including Throw Ball, Badminton, Dodgeball, Tug of War, and Table Tennis, with students battling for top honors under the floodlights and festive Ramzan spirit.

#### i. Badminton

- 1st Position: Amina Hall took the crown with an impressive display of skill.
- 2nd Position: Nursing Hostel earned the runner-up position.
- 3rd Position: Cadet College secured third place.

#### ii. Tug of War

- 1st Position: Nursing Hostel showcased sheer strength and teamwork to win.
- 2nd Position: Khadija Hall claimed second place.
- 3rd Position: Sports Science students earned the third position.

#### iii. Table Tennis

- 1st Position: Zainab Hall dazzled with finesse to take the top spot.
- 2nd Position: Amna Hall finished as the runner-up.
- 3rd Position: Sports Science students added another medal to their tally.

#### iv. Dodgeball

- Champions: Khadija Hall emerged victorious with swift coordination.
- Runner-up: Cadet College came in a close second.
- Bronze: Nursing Hostel took the third spot.

#### v. Throw Ball

- Champions: Sports Science Students delivered a powerful performance to secure the title.
- Runner-up: Khadija Hall put up a valiant fight, finishing second.















#### **Alumni and Student Corner**



#### Mr Muhammad Usman A Proud Alumnus of TUF

As I pause to reflect on my journey—from lecture halls to leading software projects—I don't see myself as someone who has "arrived," but rather as a lifelong learner who once stood where you are now. Every milestone I've achieved is rooted in the foundation laid during my time as a student, and it's with that same spirit of curiosity and growth that I continue moving forward.

Transitioning from a motivated student to a Senior.NET Developer at Morgan Goodwin, I owe much of my professional achievements to the robust educational framework provided by The University of Faisalabad. Far more than just an academic institution, TUF served as a catalyst for my personal and professional growth, nurturing in me the critical thinking, problem-solving, and adaptability required to excel in today's dynamic industry landscape.

And let me tell you this: the destination isn't as important as the infinite journeys that lie ahead. When I first walked out of those gates as a fresh graduate, I thought the world was a formula—clear, structured, and predictable. But over time, I realized it was more like code: constantly evolving, requiring updates, debugging, and creativity.

To the students of today—I encourage you to cherish your time here, absorb as much as you can, and embrace every challenge as a stepping stone. The industry values learners who are curious, committed, and courageous—and if you're reading this, you're already on the right path.

May this great institution continue to light the way for many, as it did for me.
With pride and gratitude.

Muhammad Usman Bachelors of Computer Science (2017-21)



#### Syeda Mehdia Kafeel President Environmental Society

I am Syeda Mehdia Kafeel, as President of the Environmental Society at The University of Faisalabad, I am immensely proud of the dedication and achievements of our Go Green Team, which continues to set benchmarks in environmental sustainability. Our team's recent 3rd position in the "Beat Plastic Pollution Innovative Projects" competition, organized by the University of Agriculture Faisalabad on World Environment Day, is a testament to our commitment to combating plastic pollution through innovative solutions.

Beyond competitions, our society actively engages in impactful environmental initiatives. In celebration of Earth Day, Environment Day and other ecologically particular days, we organize Outreach Plantation Drives, where students plant different species of trees, including Arjun, Pomegranate, Guava, White Fig, Java Plum, Citrus Species, Moringa, Camel's Foot, and Plum.

Our society in collaboration with Social Welfare & Bait Ul Maal Faisalabad, launched a 1000 Trees/Year Plantation Drive at Old Age Home Faisalabad.

Our commitment to sustainability extends beyond tree planting. We are leading groundbreaking projects such as eco-friendly healthcare initiatives, including a pioneering paper reduction campaign, and sustainable composting practices.